

## CLAIMS

1. A packaging material comprising a light shielding layer formed by printing in a layer structure and positions intended for heat seal to be laid on and heat sealed with each other for making a packaging bag,  
5 wherein one of the positions for heat seal to be laid on and heat sealed with each other is provided with a seal state confirming part and a light transmittance of said seal state confirming part is higher than a light transmittance of the other position for heat seal of the other packaging material.
- 10 2. The packaging material according to claim 1, wherein the difference between the light transmittance of the seal state confirming part and the light transmittance of the other position for heat seal is 15 points and above.
3. The packaging material according to any one of claim 1 or claim  
15 2 wherein said seal state confirming part is in an area where a blank pattern of the light shielding layer prepared by printing a light shielding ink is located in the above mentioned light shielding layer.
4. The packaging material according to any one of claims 1 to 3 wherein the layer structure has an odor ingredients barrier layer at the  
20 side to be internal from said light shielding layer in the bag when the bag is made.
5. The packaging material according to any one of claims 1 to 4 wherein a layer structure has an impact resistive layer which absorbs impact.
- 25 6. A packaging bag wherein seal sides that are heat seal parts of the packaging material comprising a light shielding layer formed by printing in a layer structure are laid on each other to heat seal and as for

the seal sides that are laminated at least in one of the seal sides of the heat seal parts, a seal state confirming part is provided to one of the seal sides, and a light transmittance of the heat seal confirming part is higher than the light transmittance of the other seal side.

- 5 7. The packaging bag according to claim 6, wherein a difference between the light transmittance of the seal state confirming part and the light transmittance of the other seal side is 15 points and above.
8. The packaging bag according to any one of claim 6 or claim 7 wherein said seal state confirming part is in an area that a blank pattern  
10 of the light shielding layer prepared printed by a light shielding ink is located in said light shielding layer.
9. The packaging bag according to any one of claims 6 to 8 wherein the layer structure has an odor ingredients barrier layer at the side to be internal from said light shielding layer in the bag.
- 15 10. The packaging bag according to any one of claims 6 to 9 wherein a layer structure has an impact resistive layer which absorbs impact.